



Dawn Zak, LPC, CSAC

Employee Assistance Program Account Executive

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Dawn Zak is a Licensed Professional Counselor (LPC) with a master's in Professional Counseling from Concordia University. With 36+ years of experience in counseling, training, consulting, and teaching, she now serves as an Account Executive with Aurora Health Care Employee Assistance Program (EAP). She partners with employers to build healthier, more resilient workplaces and supports employees with practical strategies for well-being. Known for her “retreat-like” sessions, Dawn creates space for teams and leaders to pause, reset, and move forward with clarity.

Her consulting and training help leaders strengthen culture, communication, and performance—so well-being and results rise together.