

QUARTERLY WEBINAR SERIES

MAXIMIZE YOUR MEMBERSHIP

Understand Your Benefits & Make Connections



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Understand Your Benefits & Make Connections

24/7 HR Hotline & Online Resource Library



Susan Fronk
President and CEO



HR is more complex & critical than ever before.

Remote/Hybrid Working Challenges

Managing and retaining remote and hybrid working.

Generative Al

Identifying integration opportunities and managing employee fears.

Economic Uncertainty

Political and market volatility places increased importance on organization resilience.

Pace of Change

The Great Acceleration is in full swing



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Membership Overview



Dan DuganMember Relations
Director



Agenda - Membership Overview

- 1. Valued Member Benefits that are often overlooked.
 - a) MRA Capabilities overview
 - b) 2026 Training Catalog
 - c) MRA Referral Program
- 2. Upcoming MRA events

MRA Is Your TotalHR®Resource

THE MRA DIFFERENCE

Midwest-Based,
Nationwide HR
Solutions with Local
trusted experts!

Supporting People, Powering Business Nation's Largest Nonprofit Employer Association

Comprehensive HR and business solutions

Serve over 5,500 organizations

Support over 1.5 million employees

Team of 200+ experts serving as your trusted partners



MRA by the Numbers

2024 Annual Solutions

5.5K

Employers Served

Employees Covered



26.3K

Hotline Inquiries

33.4K

Training

Participants

21K

RBI

Reports



500

HRBP Assignments



110K

Resources Downloaded



1.3K

Roundtable **Participants**



12K

Conference Attendees



89K

Recruiting Candidates



75

Surveys & Research



1.5M

MRA is Your TotalHR® Resource

HR Services

24/7 HR Hotline

HR Resources

HR Business Partners

Employee Handbooks/Policies

Employee Payroll Administration

Audits (HR, I-9, Payroll)

Employment Investigations

Affirmative Action

Labor Relations

Safety

Publications

Conflict Resolution





Member Preferred Pricing 30%+ off

Learning & Organization Development

Leadership Development
HR Training & Certification
Business & Soft Skills Training
Conferences & Events
Executive & Professional Roundtables
Distance Learning Opportunities
Employee Engagement
Assessments
Coaching
Strategic Planning
Succession Planning
Conference Center Room Rentals

Talent Management

Recruiting
Reference & Background Investigations
Talent Management
Retention Services
Outplacement & Career Management

Intern Leadership Program



Total Rewards

Compensation Planning
Benefits Benchmarking
Marketplace Surveys
Compensations, Benefits, &
Business Trends Surveys
Custom Surveys
Total Compensation Statements

MRA Membership Benefits

- **Unlimited <u>HR Hotline Access</u> (24/7):** You have a question, we have an answer! Call any day, any time! Our 24/7 HR Hotline answers the phone in under 8 seconds during business hours.
- **Member Preferred Pricing:** MRA members save 30% or more on <u>services</u> and <u>training</u>.
- HR <u>Online</u> Resources: MRA's Resources has everything you need, from sample HR policies, forms, job descriptions, toolkits, and articles, many downloadable in Microsoft Word or Excel.
- MRA <u>Compensation</u>, <u>Benefits</u>, <u>and Business Trends Data</u>: MRA Surveys provide insights to help you complete, stay informed, and attract and maintain the talent you need.
- Thought Leadership & Compliance Updates: Access to our monthly compliance newsletter, updates on all things HR professionals need to know and Talent Report+ webinar.
- <u>CCH Compliance Library</u>: Provides members access to extensive compliance solutions.
- HRCI Partnership: HRCI Credits and exam prep discounts.
- Job Posting Services: Complimentary HR Job Position Posting





In partnership with

AAIMA

2025 ANNUAL

PAYROLL TAX

AND FRINGE BENEFITS

UPDATE



mymra.org/uex

Key Discussions & Insights

One Big Beautiful Bill Act

Secure Act 2.0

Federal Payroll & Tax Updates

State-Specific Updates

PRESENTER



Amanda Dussold

MSA, CPA



ELU is expanding this year!

In addition to the premier virtual Employment Law Update held each February, each state will have a half-day, in-person law event during the summer. Members & non-members will have the option to register for the virtual event, the in-person event, or a bundle which includes the virtual event plus their local in-person event.

Dates & Locations

2026 Employment Law Update

February 19

Virtual

2026 Mid-Year Employment Law Updates

In-Person

June 16

Cincinnati, OH

July 14

Golden Valley, MN

July 21

Palatine, IL

August 4

Davenport, IA

August 5

Pewaukee, WI



2026 Training Catalog

Leadership

Development

Human Resources

Business & Soft

Skills





Member Referral Program

Refer a new member to MRA and receive \$500 off your next year's dues when they join. Talk up your MRA experience with a colleague you think would benefit!

Referring members strengthens your business potential by expanding your MRA network, boosting the depth of MRA's benchmark survey data, and growing MRA's library of tools and templates that members share.

To learn more scan the QR code or visit <u>mymra.org/de5a44</u>





Poll Question

Have you used MRA's Hotline service?

- Yes, I love the Hotline!
- No, I can't believe I haven't tried it yet!



Poll Question

What is your biggest challenge heading into 2026?

- Talent Shortages
- Succession Planning
- Keeping up with Compliance
- Never-ending Project List
- Employee Relations

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Benefit Spotlight: 24/7 HR Hotline, Online Resources Library



Nicole Morehouse *Manager, HR Hotline*



What is the HR Hotline?

Live support

Experience you can trust

Personalized experience







Reasons to Use the Hotline

Quick resolutions of issues.

Our team is your team.

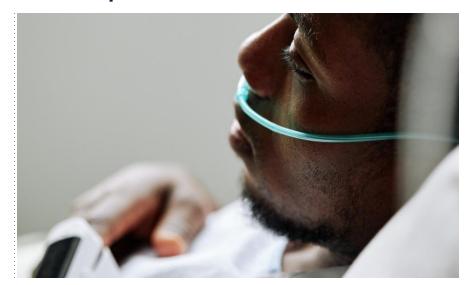
Compliance and risk management.

Curb expenses.



Why do our members seek advice?

Complex Leave Situations



Legislative Compliance





Other Common Reasons

- Best practices
- Trends and data
- Policy development considerations
- Performance management considerations
- Investigation considerations
- Separation considerations
- Locating resources
- Referrals to other services offered by MRA



How to Reach the Hotline



Call

- 866-HR-Hotline
- 24/7/365



Email

- InfoNow@mranet.org
- During business hours, Monday through Friday,
 8 a.m. to 5 p.m. Central & Eastern Time Zones
 - Same-day response

Web

- www.mranet.org
- During business hours, Monday through Friday,
 8 a.m. to 5 p.m. Central & Eastern Time Zones
 - Same-day response



Next Level Experience

Video Conferencing



Scheduled Call







Every Encounter Matters

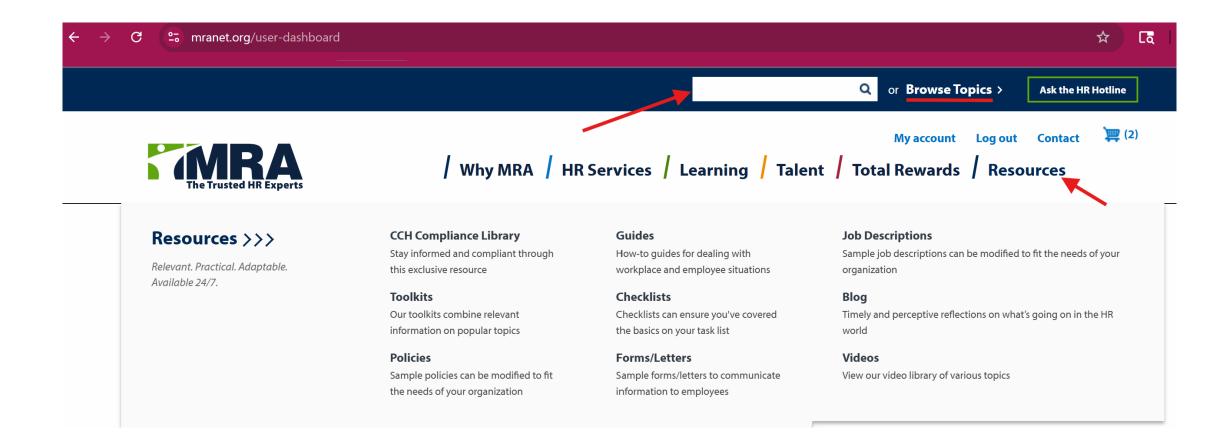


Online Resources



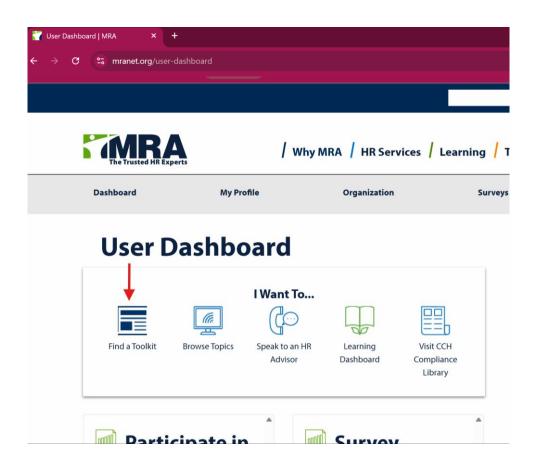


Website Resources





Toolkits



Popular

- ADA
- Do It Yourself Labor Posters
- FMLA



- State and Federal Employment Law Compare Chart (CCH)
- Video: Recognizing and Handling Substance Abuse at Work
- Employee Use of Prescription Medication in the Workplace
- Employee Confessions of Drug and Alcohol Use
- The Different Types of Drug and Alcohol Testing
- · Q&A for Illinois Employers on Recreational Marijuana
- Drug and Alcohol Testing Policy Guidelines
- OSHA Guidance on Post-Accident Drug Testing and Fitness for Duty
- Opioid Prevention Toolkit
- · Marijuana and the Workplace—A Guide for Employers

MRA Sample Policies/Forms/Checklist

- Drug and Alcohol Policies
- Drug and Alcohol Last Chance Agreement
- Policy and Procedure for Drug and Alcohol Reasonable Suspicion
- Reasonable Suspicion of Impairment Observation Form
- Drug and Alcohol Policy Checklist
- · Authorization Forms for Release of Information for Drug Testing and Fitness for Duty
- Minnesota Sample Drug Testing Policy
- · Minnesota Notification for a Positive or Negative Drug Test Result
- Notification and Consent Form for Drug and Alcohol Testing for Minnesota Employers

MRA Training Opportunities

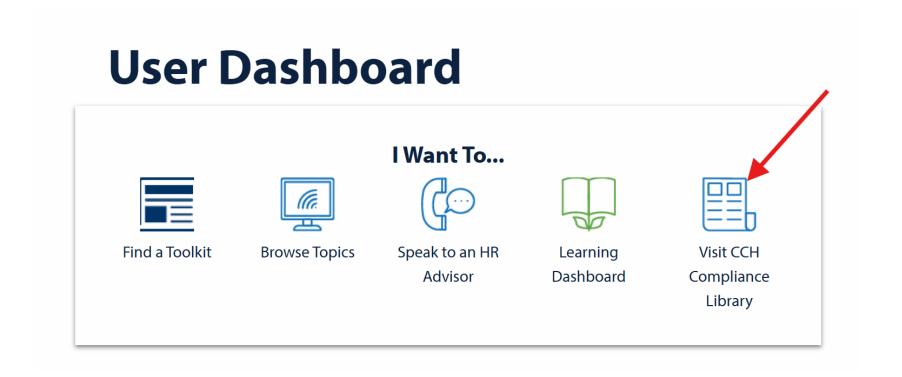
Visit MRA's training catalog for current training opportunities.

Department of Transportation (DOT)/Federal Motor Carrier Safety Administration (FMCSA)

Drug, Marijuana, and Alcohol

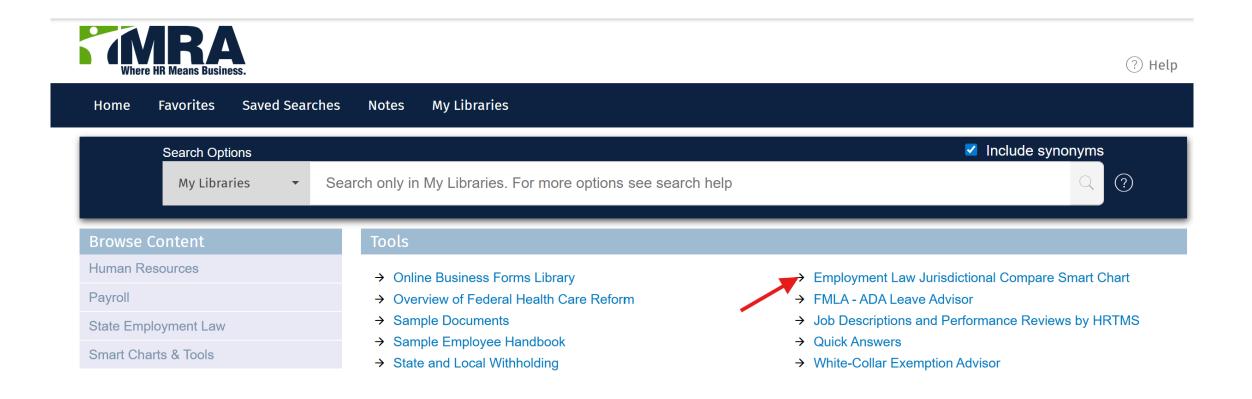


CCH Compliance Library





Employment Law Charts



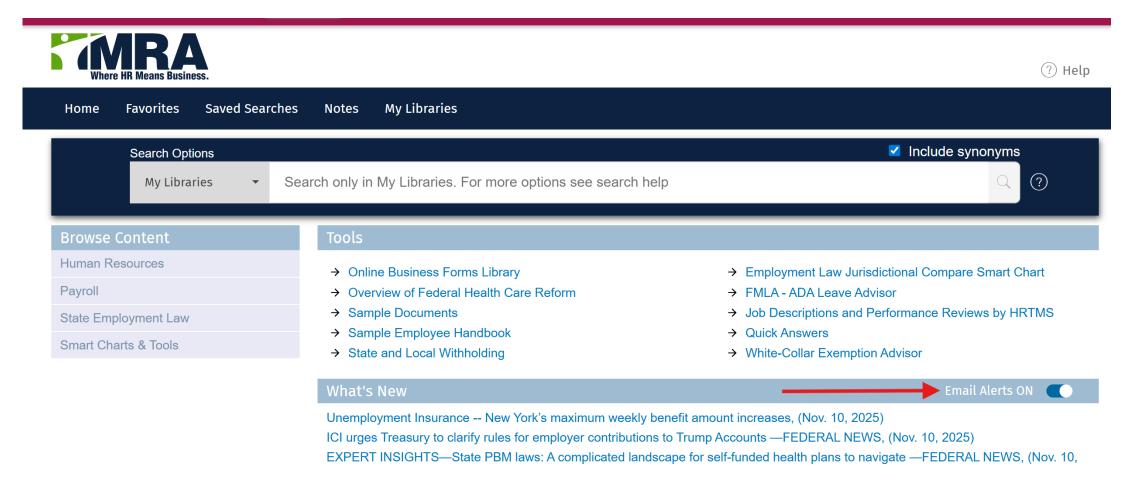


State Laws

1 Select Topics Employment Law Jurisdictional Compare Smart Chart Summaries **Employment Law Jurisdictional Compare Smart Chart Summaries** Wolters Kluwer Smart Chart™ Select Topics 2 Select States **3** Your Results 伽 $+ |-| \times |Q|$ Display As: - Meal and Rest Periods $\rightarrow \rightarrow \rightarrow$ Applicable Laws and Regulations Charts **Applicable Laws and Regulations Links to State Law Summary State** Federal Federal law generally does not require employers to provide employees with meal or rest periods. However, compensability of meal and rest periods, applicable to **private and public employers**, is addressed by the Fair Labor Standards Act in the Printer United States Code at Title 29, Chapter 8, Sections 201 through 219 and in the Code of Federal Regulations at Part 785, Title 29, Friendly Chapter V, Sections 785.18 and 785.19. 誾 [Note also that federal regulations may address rest periods/off-duty requirements for certain industries or occupations, such as motor vehicle drivers.] Save Chart Break time, Nursing mothers: The Fair Labor Standards Act is amended by the Patient Protection and Affordable Care Act (P.L. \square 111-148; H.R. 3590, Section 4207, enacted March 23, 2010), to add a new subsection to the law to require that employers provide a reasonable break time for an employee to express breast milk for her nursing child. United States Code, Title 29, Chapter 8, Section 207(r) (29 U.S.C. 207(r)). The Consolidated Appropriations Act of 2023, Pulbic Law 117-328 (H.R. 2617), L. 2022, enacted December 29, 2022, includes, under Division KK, Secs. 101 through 103, the "Providing Urgent Maternal Protections for Nursing Mothers Act" also known as Export the "PUMP Act." The provision adds a new Section 218d to the Fair Labor Standards Act of 1938 (29 U.S.C. 218d) relating to



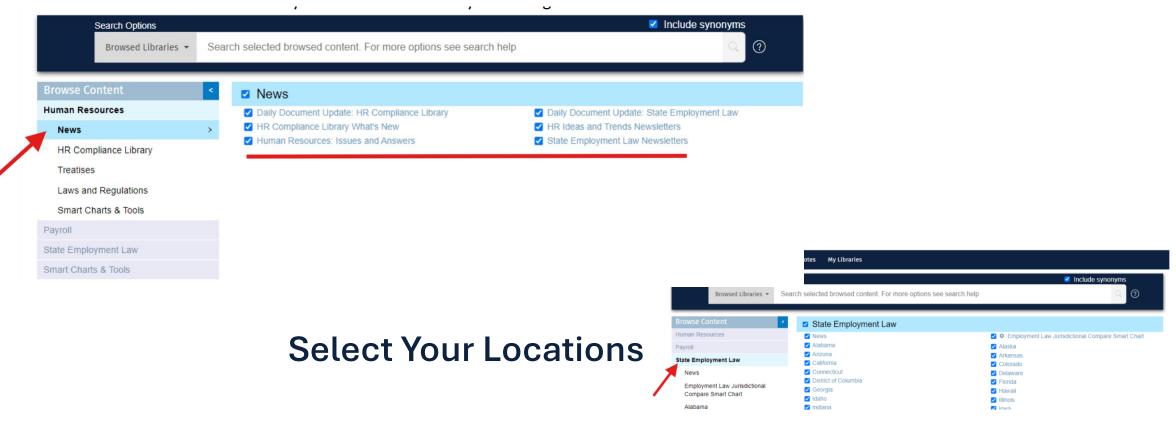
Daily email Alerts





Daily email Alerts

Select Your Topics





Inside HR





October 15, 2025



Employer Guidance During a Shutdown

Federal government shutdowns create operational and financial challenges for employers connected to federal activities. The impacts vary with the shutdown's length and employers' reliance on federal operations, requiring proactive planning and awareness to mitigate risks. Read additional insights from MRA's Hotline Manager and Inside HR Editor, Nicole Morehouse.



When the Federal Government is Closed for Business

Nicole Morehouse, Manager, HR Hotline

Read the Article



Don't Miss Out

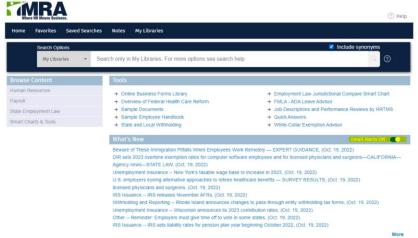
Newsletters

Manage Your Email Preferences MRA offers a variety of cutting-edge digital newsletters to keep you informed. Unsubscribe from MRA subscriptions by clicking the "Unsubscribe" button below. Workplace Weekly, a Weekly Email Your one-stop-shop for helpful updates, insightful information, and member highlights to keep you informed, inspired, and engaged every week. Inside HR, a Bi-Weekly Newsletter Providing HR headlines, practical compliance tips, and relevant resources. MRA summarizes what you need to know so you can quickly stay up-to-date on the latest HR news. Unsubscribe

MRA Emails



CCH Daily Alerts





Some Tech Stuff

- Manage your newsletter preferences.
- Have you unsubscribed or opted out of communications with MRA?
- Make sure your IT department allow-lists the following domains:
 - @mranet.org
 - @salesforce.com
 - @cchnews.com
 - @connect.mranet.org



