Making the Most of Your Internship

Discussion & Reflection Guide

This Discussion & Reflection Guide serves as a tool to reflect on the information shared in the podcast, and to help continue the conversation between managers and interns.

1. Was there one piece of the podcast that stood out to you?
2. What are 1–3 goals you have for this summer?
3. What are one or two skills you want to develop this summer?
4. What's one thing you are going to do this week or next week to push yourself out of your comfort zone?