## **Making the Most of Your Internship**

Discussion & Reflection Guide

This Discussion & Reflection Guide serves as a tool to reflect on the information shared in the podcast, and to help continue the conversation between managers and interns.

- 1. Was there one piece of the podcast that stood out to you?
- 2. What are 1-3 goals you have for this summer?
- 3. What are one or two skills you want to develop this summer?
- 4. What's one thing you are going to do this week or next week to push yourself out of your comfort zone?

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