Unlock the Power of DiSC®

Have you ever wondered why it’s easy to work with some people and challenging to work with others? In this program, you’ll learn what the 100 million people who have learned about the DiSC® model know: Knowing your preferred communication style, and the styles of others, empowers you to adapt your communication to build the relationships that fuel results. For many, these are career-changing knowledge and skills.

Learning Objectives:
- Apply the DiSC® model to discover your style and recognize differences between styles.
- Use your knowledge of DiSC® to adapt your approach for more effective communication and relationships with others.

Learning Options:
- Classroom training
- Live Online
- At your location

Who Should Attend:
- Leaders, managers, supervisors, and individuals who want to enhance their communication and build more effective relationships.

CEUs: 0.3 (3 hours)
HRCI Credits: 3.25 HR (General)
SHRM: 3.25 PDCs


Delivery options include learning at MRA, at your location, or online. Contact MRA to explore how this program may be customized to your unique individual and team training needs.
Course Outline

- Review the DiSC® model and the similarities and differences among the DiSC styles
- Identify your own style and explore the priorities, motivators, and stressors that influence your actions
- Analyze how different styles interact with each other
  - Consider what works best for you and what challenges you have when working with each style
- Explore strategies for adapting your approach and communication to overcome challenges with different styles
- Create an action plan to build a more effective relationship with someone whose style is most challenging for you