Resume Checklist Resource 2.2

Resume Sections Contact Details Phone numbers **Email address** No street address—use city, state, only Use Gmail if possible; using Hotmail, Yahoo, or AOL can indicate age Optional: LinkedIn, Twitter, or other links to portfolio websites Don't include links to Facebook or Instagram pages ☐ Career Summary Statement or Discriptive Summary of what you offer ☐ Key Skills ☐ Professional Experience ☐ Education/Certifications/Professional Development Do not include high school education if you attended college. Do not include graduation dates. □ Other Volunteer/community engagement Language skills or computer & technology skills **Format** \square Keep your resume to 1–2 pages. ☐ Make sure all selling points are on one page if your resume is two pages. Do not split a position onto two pages. ☐ Make the resume visually appealing, easy to read, and/or scan (no graphics, fancy fonts, colors, etc.) • Font should be Arial, Calibri, or Times New Roman and no less than a size 10.

Margins should not be smaller than .5 to allow for enough white space.

Use a c	lirect writing	style and	short p	hrases c	r sent	ences.
Dick a f	format and u	o it conci	ctoptly			

☐ Pick a format and use it consistently.

 $\ \square$ List jobs in reverse chronological order going back no more than 15 years.

☐ Do not list references or use "References available upon request."

Spelling and Grammar

☐ Avoid using "I", "me", and "myself" in your statements.	
☐ Begin sentences with action words.	

☐ Use periods consistently or not at all.

 $\hfill\square$ Use spell-checker and an app (e.g., www.grammarly.com) to check spelling and grammar.

□ Numbers from 1 to 9 should be spelled out (one, two, three, etc). Numbers 10 and above should be written as digits (11, 12, 13, etc.).

☐ Proofread. Proofread again, and then let someone else proofread. Spelling, punctuation, and grammar mistakes that were not caught by the software will cost you!



Resume Checklist Resource 2.2

Content/Keywords/Accomplishments
☐ Highlight the last 10–15 years of your career.
☐ Include a statement summarizing your areas of expertise, and key attributes.
\square List accomplishments and key responsibilities that match skills highlighted in the job posting.
☐ Match your keywords to those listed in job postings; keywords are vital.
☐ Achievements should be quantified in \$\$, %% or ##.
☐ Do not misrepresent your experience or educational background; don't indicate that you have a degree when you didn't actually finish the program.
☐ If you have any gaps between employment dates, be ready to explain.
☐ Do not just list job duties/tasks and copy your job description into your resume.
Bullet Points
☐ Use bullets to emphasize items you want to stand out.
☐ Use 3-6 bullet points per work experience (Not exceeding 3 sentences in length).
☐ List the strongest bullet points first.
Professionalism
☐ Make sure your email address is professional.
\square Use positive language to describe results; avoid negative words such as "tried" or "attempted".
☐ Do not use slang or jargon.
$\ \square$ Do not include irrelevant personal information, such as how many children you have or what your hobbies are.
☐ Do not include a photo on your resume.
☐ Do not include salary on your resume.
☐ Do not include expired licenses or certifications.
Final Review
\square Does your resume optimize the use of keywords used in the job posting?
☐ Is the resume customized to target companies and industries?
☐ Does your resume emphasize the benefits you can bring to the employer?
☐ Use analytical tools to help identify gaps in your resume: www.jobscan.co OR build a word cloud to identify you keywords that appear more frequently: www.wordle.net OR www.theprofessionalme.com.
If you checked all the boxes and answered YES to the final review your resume is set!
☐ Join the MRA Talent Community – Upload your resume to: tinyurl.com/applymra.
☐ Sign up for email alerts in the same spot to get alerts for jobs.

 $\ \square$ Go to: membercareers.mranet.org to check for current job postings.