



# Behavioral Interviewing Questions

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## COMPOSURE:

**Responds to information and situations in a self-controlled manner.  
Maintains a calm, composed manner during stressful times.**

1. Give an example of when you had to work with someone who was difficult to get along with. Why was this person difficult? How did you handle this person?
2. Describe a situation where you became defensive. How did you regain control of your defensiveness?
3. Describe a situation when information was shared with you that was unexpected. How did you react to it?
4. Describe a time when you received feedback you did not agree with.
5. Describe a time when you needed to react to an emergency situation. How did you respond? What was the result?
6. Describe a situation when it was more difficult for you to maintain self-control.
7. What has been the most difficult criticism for you to receive? (or) How do you react to criticism?

